

Resurgam Trust Report Card 2023

KEY ACHIEVEMENTS



- Completion of 2018-2023 Strategic Plan
- Sustainability of Services
- Community Connect with Resurgam Member Group support – 40 members
- Succession Planning – young people in employment and on Board
- Maintenance and development of social enterprise
- Organisational Resilience – Human Resources and Policy Review
- Social Value
- Idverde Partnership with Servo Contract Services
- Community Led Housing Model – Partnership between Northern Ireland Housing Executive and Radius
- Maintenance of five pillars to reduce inequalities within community
- Early Intervention Lisburn
- Healthy Living Centre
- Resurgam Youth Initiative

- Lisburn SAFE
- Community Academy NI
- Hilden Mill School Project
- Development Partner with Lisburn Castlereagh City Council
- Lisburn Castlereagh City Council Secured Heritage Lottery Funding
- Seeking investment for two social enterprises – Tearoom and Childcare Facility
- Maintain links with Lisburn Museum for Interpretive History
- Community Academy NI – continues to deliver Knowledge Transfer to other likeminded communities
- Community Led Housing Model - Welcome House, Chapel Hill Mews



Resurgam Youth Initiative

Education Authority invested £206,618 to enable Resurgam Youth Initiative deliver their services in Lisburn North and South and Downshire East and West. The following is how community benefits from this investment that reached 650 young people.

136 young people completed OCN qualifications ranging from Healthy Relationships and Community Resilience to Level 1 Youth Leadership.

35 staff and volunteers have completed training including:

- Trauma Informed Practice
- Disability Awareness Training
- LGBTQ+ Training
- JAM Training
- Managing Challenging Behaviours in Adolescents
- Mental Health Champions
- Safeguarding Designated Officer Training
- Core Management Information System Training
- Ambassador Shared Learning Training

Early Intervention Lisburn

Following the extensive research in 2012 resulting in 'The Best for Every Child report' and a review of this research in 2019. Over the ten year period, £2.5m has been invested into the delivery of this research. The Public Health Agency invest, through Barnardos, £38,000 to realise the following priorities for the project were agreed by the EIL board members:

- Listen & respond to children, young people and families
- Work together
- Raise awareness of the project
- Improve the quality of our services

Help Kids Talk

Lisburn Castlereagh City Council have invested £42,000 annually to develop the Help Kids Talk project as a community wide initiative, based on the 'Stoke Speaks Out' model. Key outcomes include:

- 55 children completed Early Talk Boost
- 124 children completed Talk Boost
- 28 children completed Talk Boost KS2
- 4,300 followers on social media, 26% increase since 2022

For Adults

- 391 participants completed Basic Awareness training
- 153 participants completed Level 1 training
- 63% (17/27) of settings delivered targeted programmes this year

Empowering Youth - Connected Minds Youth Committee

During the year Resurgam's Early Intervention Lisburn project has worked at developing opportunities for young people to lead up on delivery of peer-led youth interventions aimed at improving the opportunities for young people to engage in activities aimed at improving their Emotional Wellbeing. Comic Relief supported this work initially with their Impact Investment funding stream, £279,000 and now National Lottery Community Fund's Empowering Young People is supporting the youth committee for 4 years, investing £475,000. The Connected Minds youth committee is now led by two young people, Brooke and Ugne who will support Connor in his role as coordinator for the empowering youth project.



The Community Academy for Northern Ireland, a Knowledge Transfer Programme in partnership with the Fermanagh Trust, continues to deliver a service to communities starting on a journey of capital investment and improving infrastructure.



With the vision of 'Building Resilient Kinder Communities' Community Academy NI aims to:

- Provide local and practical support that is informed by grass roots knowledge.
- Share our combined experience – learning from failures as well as successes
- Enable communities to make their own plans and aspirations a reality
- Promote confidence and participation by recognising the value of everyone's contribution
- Building trusting and caring relationships, along with community based values.

Examples of support include:

- Mentoring & supporting board members
- Developing a strategy for the future of your organisation
- Advising on alternative income options
- Creating sustainability for your organisation
- Securing financial support for future development.

Community Safety

Lisburn SAFE has remained active during the year with a number of interventions taking place and training for the coordinator and volunteers.

- 10,000 hours were completed by volunteers
- 1200 interventions by volunteers
- 140 social media posts highlighted activity
- 4000 leaflets distributed.
- 20 community events managed including Foods of the World

Lisburn SAFE volunteers undertook four training elements including Trauma Informed Practices and Newcomer Awareness and Support Structures. Lisburn SAFE has been involved in supporting Neighbourhood Policing Teams and youth teams in outreach at 'hotspots' and at City Centre venues, including Lisburn Square.

Lisburn SAFE teams have been supporting community with festivals and wellbeing awareness events such as young men's health.



rhlc is one of 28 Healthy Living Centres that form the Healthy Living Centre Alliance, providing free advice, support, advocacy, programmes, services and information on all aspects of health and wellbeing for all ages of the community. Key projects include the award-winning Better Days Pain Support Programme, Spring Social Prescribing and South East Mind Matters.

Social Prescribing

- 98% of our social prescribing clients increased or improved their wellbeing.
- 20% reduction in visits to GP
- 58% reduction in visit to Accident and Emergency Departments
- 45% reduction in visits to hospitals

SE Mind Matters

rhlc secured funding within a partnership from Community Foundation NI to deliver a project, South East Mind Matters (SEMM). The project is supporting children, young people and adults with their mental health and wellbeing through a social prescriber and a range of counselling and therapeutic support programmes.

In the period SEMM delivered:

- 471 face to face appointments
- 234 group sessions
- 761 support sessions



RESURGAM TRUST INVESTMENTS

Regeneration	£171,924
Youth	£135,710
Community Safety	£31,000
Social Enterprise	£120,000
Health & Education	£715,637
Management & Governance	£99,998
TOTAL	£1,274,269

Community Fridge

Resurgam Community Fridge is part of the UK Community Fridge Network aiming to reduce food waste. With 100 users weekly the fridge can also refer users into the services within the Healthy Living Centre including mental health and wellbeing and physical health, supporting those with chronic pain conditions. The Fridge received food donated by a range of food retailers, community gardens and local stores to address a wide range of needs.

Resurgam Community Fridge has prevented 25,300kg of food from going to waste over 12 months. It has provided food for over 50,000 meals



Social Enterprise

Servo Contract Services has been developing their Grounds Maintenance model with support from their Social Value partner, Idverde. Linking into Northern Ireland Housing Executive communities, Servo continue to deliver a service including grasscutting and shrubbery. As well as the work, Idverde have provided Servo with machinery and vehicles to ensure a viable social enterprise was achievable. The impact on community is beneficial in terms of employment creation and income which is reinvested into regeneration. Linking with Patch Managers, Servo deliver and refer to services that improve tenants chances of holding on to their property.

Servo have delivered the following contracts during the year:

- 780 grass cuts in communities
- 60 responses to NIHE referrals including hoarding and overgrown gardens
- £75,000 salaries reinvested into economy
- 2 volunteers trained in grounds maintenance

