



A Focus on Health at Resurgam

Over the course of the year in partnership with Pharmacy we delivered a project which delivered over 197 individual sessions, being attended by men and women across Resurgam communities.

Funded by CLEAR over a nine week period, Resurgam delivered Mental Health and Wellbeing sessions involving 57 people in addition to 65 individuals training places being taken up on subjects such as mental health first aid, ASIST, self-harm.

Using a Health Fair model, Resurgam delivered health fairs, a significant one being a women's health fair in October 2014 which was supported by 28 different organisations. 84 women attended the event of all ages. There were 30 alternative therapy sessions provided. We asked each organisation exhibiting to monitor interactions with those attending, of those who responded 280 individual advice/information discussions took place with 88 referrals being made to other organisations or specific services.

Other health focused events have included:

- Resurgam Fun run (186 people registered)
- Youth led sessions on tobacco and alcohol awareness (over 120 people attended)
- Staff health programme including health checks
- Health needs assessments completed – older people, men, women, staff

Key benefits for community health development included the development of infrastructure in terms of groups which included 'Clever Clogs', 'Mistis' and 'Highwaymen'.

Our vision

To create social, cultural, financial and physical sustainability for The Resurgam Trust and the communities we serve by 2020

Our mission

To connect individuals and groups and to transform communities to create a sustainable environment within which all are proud to live, learn, play and work

Core principles

1. **Collaboration:** To ensure that the work of The Resurgam Trust is aligned with the needs of the communities and member groups it represents
2. **Passion:** To work to transform communities so that children, young people, adults and older people are healthier, valued, feel safer and thrive
3. **Equality:** To ensure that the ethos of social justice, equality, diversity and community development underpin the Resurgam Trust' practice, policies and processes
4. **Leadership:** To lobby for positive change for the Resurgam Trust communities of interest and the Greater Lisburn Area
5. **Commitment:** To continue to promote and recognise the input of volunteers into all activities at the Resurgam Trust



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Annual Report Card 2015



RESURGAM TRUST

Our board, staff and members

7 Board of directors



Governance, strategy and succession plan

103 Staff members



Staff Development

PRINCE 2, AdDip Investment Readiness, AdDip Social Enterprise, Accountancy Technician, BSc Counselling and Investor in People



Staff Third Level Qualified

- ☐ ILM leadership and management
- ☐ BSc Youth and community work
- ☐ Accounting technician
- ☐ MSc marketing
- ☐ BSc Social science and health
- ☐ MSc Public health

12 host visits
6 good practice visits

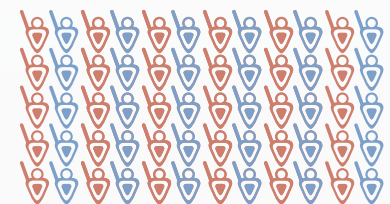
1000 Members



26 Member groups



500 Volunteers



Volunteer Core Training

Health and safety
Interpersonal and transferrable skills
Safeguarding

19 Courses delivered for volunteers

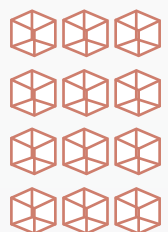


Physical assets and resources

12

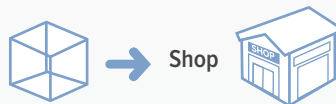
Physical Assets

Laganview Enterprise Centre
Laganview Healthy Living Centre
West Lisburn Youth Centre
Hillhall Community Resource Centre
Minibus



£450K Income
£943K SIF capital

6 House's



Rushmore
(NIHE Community asset transfer)

Policy, strategy and process

Making Life Better (DHSS&PS), Local Government Reform (DoE)
Delivering Social Change and Regional Infrastructure Support Programme (DSD)
T-BUC Together Building United Communities (OFMDFM)
and Community Safety Strategy (DoJ)

Strategic Themes

Health and education, youth, social enterprise and employment
community safety, regeneration, management and governance

Process



Resilience
Lobby, advocate
sustain and invest



Building on Assets
Physical & people



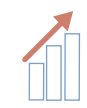
Networks
Inter agency meetings and
themed networking groups



Stability
Safer, more engaged
communities

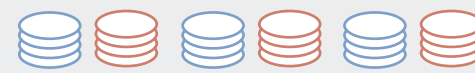


Entrepreneurship
Risk taking and
shaping concepts



Social marketing
Improving outcomes

Income - grants and contracts



£2.2M

Total grants and contracts



£790K
Health and education



£638K
Youth



£410K
Social enterprise
and employment



£140K
Community safety



£31.5K
Regeneration



£21.5K
Management
and governance

Outputs and outcomes

Our people

(10,000 target population)



Community Support



6 Local communities
groups supported

26 Member groups
supported

Community Safety Participation



380

Young people



220

Women



120

Older people

80 Lisburn SAFE
volunteers

518 BME advice
interactions

16 People gained employment as
a result of training delivered



Social Enterprise



6

Social enterprises



£1.1m

Turnover



33%

Increase employees



87

Total employees

Long term outcomes



CONNECTEDNESS

Social and community
networks



SAFER COMMUNITIES

Quiet in civil unrest
racial equality, safer place



RESILIENCE

Enhanced Infrastructure
sustainability plan
£100,000 SE expansion
property portfolio



IDENTITY AND PRIDE

Awards - Enterprise NI Award
Lisburn City Enterprise Award



IMPACT UPON ECONOMY

£2m salary contribution
into local economy



SOCIAL RESPONSIBILITY

Civic Pride