

# Resurgam Trust Annual Report 2022

## KEY ACHIEVEMENTS

- Created new Social Enterprise - Servo Contract Services Grounds Maintenance
- New Horizons Credit Union awarded SENI 2021 Credit Union of the Year
- Resurgam Trust Logic Model and Theory of Change
- Secured Department of Health's Mind Matters Social Prescribing
- Highway Inn and Kitchen Manager, Emma Robb BEM awarded the British Empire Medal for meritorious community service.
- Highway Inn Garden created for outdoor events and includes a coffee cart, BBQ hut and heated pods.
- Trauma Informed Locality – Resurgam Trust, Youth Initiative and Healthy Living Centre; Early Intervention Lisburn; Lisburn PSP
- COVID Recovery Tripartite Model - Resurgam Youth Initiative, Resurgam Healthy Living Centre; Early Intervention Lisburn
- Reimagined paramilitary memorial garden to Community Garden
- Publications –



- Let's Cook – '52 weeks in Lockdown' book published from Lisnagarvey Men's Shed
- Stories of Hope published by Lisburn PSP Good Relations project
- Resurgam 10th Anniversary Conversation series and related events
- Created employment for 130 people and volunteer pool of 500



## INVESTMENTS

Regeneration	£137,245
Youth	£373,709
Community Safety	£112,054
Social Enterprise	£316,148
Health & Education	£613,485
Management & Governance	£99,998
<b>Total</b>	<b>£1,652,639</b>

## COVID 19 Recovery

During the pandemic, Resurgam Trust was delivering interventions to support community. The three key projects delivering for people at risk were Resurgam Youth Initiative, Resurgam Healthy Living Centre, Early Intervention Lisburn.

### 1. Resurgam Youth Initiative (RYI)

Presentations from Resurgam Youthbank to Lisburn YMCA and Eglantine Girl Guides. The groups received £750 towards their respective mental health and homeless projects from His Worshipful the Mayor of Lisburn Castlereagh, Ald Stephen Martin and Mabel Scullion, Resurgam Trust.



## Resurgam Youth Bank

Resurgam Youth Initiative delivers youth provision across Lisburn City to deliver youth work for young people aged up to 25, with over 600 young people registered and 25 staff providing more than 30 youth work sessions per week. Resurgam Youth Bank is part of participation and leadership work.

Youth Bank is a unique way of involving young leaders in grant-making within their local community, part of Youth Bank International which has Youth Banks in 20 countries throughout the world. Young people in community are gaining opportunities in personal development, leadership and employability - young people have received sessional work through our social enterprises, 2 young people are directors on the Resurgam Trust Board, 15 young leaders embarked upon a series of training and support initiatives that lead them to achieving their OCN in Grant Making. Youth Bank is not just about giving out grants, it will build young people's self-esteem, confidence and resilience, providing them with an opportunity to learn new skills in teamwork, decision-making, problem-solving and communication. The outcomes for this piece of work includes young people who can access support from their peers, on issues that are more poignant now in the recovery period of COVID.

### 2. Early Intervention Lisburn (EIL)

Connected Minds unveiled 'Voices of Youth' wall art project! This piece was completely designed and coordinated by the Connected Minds Youth Committee.

The Youth Committee spoke with young people across Lisburn to hear what they think about mental health and wellbeing. They asked:

- name one thing you can do to support your mental health?
- what makes you unsure?
- what brings you joy?
- give advice to support someone's wellbeing



### Early Intervention Lisburn

Initiated following the research 'The Best For Every Child' in 2011 Early Intervention Lisburn has been delivering interventions for children and young people to improve their outcomes through prioritising:

- Listening and engaging with children, young people, and their families
- Speech, language, and communication development – Award winning Help Kids Talk
- Mental health and Wellbeing – connected minds project
- Parental Support

The success of EIL is driven by our children, and young people and the strong partnership approach across the community, voluntary, statutory, and private agencies. Some of our work includes:

- Embedding a community wide trauma informed approach
- Delivering activities and events that young people tell us supports their mental health and wellbeing: 'Lisburn's Got Talent' which brought together a variety of acts with the winner receiving a cash prize and mentoring from judges. 'Voices of Youth' Living Wall which used art to depict key messages of mental health and wellbeing gathered from young people during consultations. The Mayor of Lisburn Castlereagh City Council has been proactive in embracing this work, post pandemic, something which gave young people a tremendous lift and helped improve their self-efficacy.
- Regional roll out of the Help Kids Talk project delivering key messages and training to parents and practitioners across Northern Ireland to ensure all children are given the best chance in life.

### 3. Resurgam Healthy Living Centre (rhlc)

Community Development and Life Skills was a pilot where young people completed an ILM Level 2 qualification in Community Development and Life Skills to enable the young people to volunteer within community or indeed SE HSC Trust. The SE HSC Trust Chairperson Mr Jonathan Patton and the Mayor of Lisburn Castlereagh City Council Alderman Stephen Martin attended the celebration event to present the certificates to the young people alongside our own Trust Director Mr Adrian Bird.

Resurgam Healthy Living Centre (rhlc) retains a focus on supporting individuals with all the issues that can impact on their health and wellbeing. We also deliver the following programmes:

Better Days Pain Support – award winning programme for people living with Chronic Pain

Spring Social Prescribing: providing 1-1 support, connecting people and communities.

SEMInd Matters providing support to individuals (young people & adults), families and carers who are experiencing mental health issues or living with a mental health condition

Community Food Initiatives including our new Community Fridge

Resurgam Trust has been a key partner in developing an Inequalities Informed Approach across Lisburn. This unique programme of work is a collaboration of people living in and providing services across Lisburn to understand through quantitative and qualitative data and our lived experience of inequalities in Lisburn to shape this approach while also developing a community of practice through Project Echo focus on issues such as poverty, addictions, trauma, housing, domestic and sexual violence. Agency, Community Development and Health Network, Lisburn and Castlereagh City Council to develop an inequalities informed approach to learn from each other, share good practice and share resources using the ECHO network. This work tackles issues such as food and fuel poverty, domestic and sexual violence, drug and alcohol use, housing.

### Community Safety

Resurgam will be supporting the emerging and changing Ethnic Minority groups in Lisburn City, following on from their 10 year integration models with Eastern Europeans. Resurgam will support the newcomers that are destined for the City including Asylum Seekers, Refugees and Others. Resurgam's Welcome Project hosted a 'Foods of the World' event in the Highway Inn's Kitchen Garden which saw nationalities bringing a taste of their culture through music and food. Supported by Lisburn Castlereagh Good Relations it is planned to host an annual event with other significant holidays throughout the year being marked in a similar fashion.



### Community Academy NI

The Community Academy for Northern Ireland, a Knowledge Transfer Programme was established in 2017 in partnership with the Department for Communities and the Fermanagh Trust. It is a community led knowledge transfer model with a combined 50+ years of experience and learning in Lisburn and Fermanagh from both failure and success. It provides local and practical support to communities across Northern Ireland to ensure they are successful, sustainable and aiming to becoming less reliant on Government funding.

The value of knowledge transfer cannot be under stated as it has played a huge role in the development of the Resurgam Community Development Trust. The Resurgam Trust is a successful Community Development Trust that has adopted a holistic approach to community development and regeneration. This model will not fit with all communities but Resurgam feel the Knowledge Sharing through the Community Academy NI can support and assist other communities through a suite of learning tools. including: facilitation of good practice study visits, the development of new charitable companies, development of strategic and operational plans, building the capacity of Boards and Management Committees, recruiting new Board members and Facility Management. Community Academy NI promotes the benefit of collaboration, partnerships and Community Engagement.

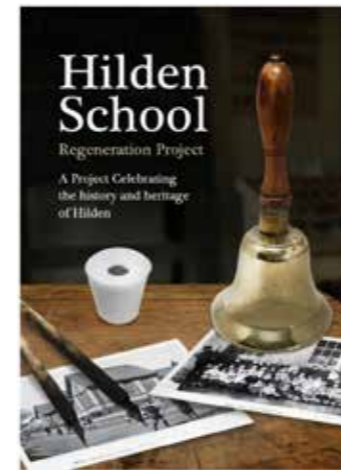
### Community Reimaging

The reimaging of a memorial garden to a community garden in Old Warren in December 2019 has had a huge impact within the local community. For the women who led the campaign to have it removed, there was a sense of achievement and satisfaction. For the residents living beside the former memorial garden, including Surestart Playhouse, there is the feeling of returning to normality. For the Resurgam Trust this is seen as passing another milestone in our long journey of community transformation and for the wider community it demonstrates what can be achieved when a community comes together to address a common cause.



### Social Enterprise

The Resurgam Community Development Trust Limited has established eight Community based Social Enterprise businesses including property management and grounds maintenance which has provided sustainable employment for 130 people in Lisburn. These small but successful businesses have a combined annual turnover in excess of £2 million. The Trust have built up a small portfolio of both residential and commercial property and during this process have helped address dereliction in Lisburn City Centre. The Welcome House in Bridge Street seen two derelict buildings converted into five apartments which provide supported accommodation for homeless youth and a community unit housed by two local charities providing support services to some of the most vulnerable sections of our community. Resurgam intend to continue this work and assisted by Lisburn Castlereagh City Council and Housing providers aim to develop more accommodation to support those homeless or temporary tenants.



### Lisburn Community Inns

Lisburn Community Inns, trading as Highway Inn Bar and Kitchen is now a thriving Social Enterprise, owned by the Resurgam Trust, employing 12 members of staff and has a volunteer Board of five Directors with an array of skills. The Board is supported by a Management Committee which is fully representative of the local communities. The Highway Inn Bar and Kitchen is a hub of activity for the whole community. The Highway Inn has diversified in response to need during COVID-19 which saw the bar close and become a 'soup kitchen' for local communities to support those most at risk. Following health advice, the car park has become a Kitchen Garden that hosts a coffee cart, heated pods and Viking BBQ hut for outdoor events, spurred on by COVID recovery.



### Premier Taxi Company Pic

Across all our social enterprises, programmes and businesses during COVID we received disability awareness training and all our premises became JAM card friendly – the Just a Minute programme from the NOW group ensures that people with a communication difficulty or a hidden disability can discreetly alert staff that they need some time and assistance with communicating. We fully supported this programmes to ensure our services were more inclusive.

