



RESURGAM NEWS

News and Updates from within the Resurgam Community

FOREWORD

First of all I would like to take this opportunity to offer my sincere sympathy to King Charles III and the Royal family on the passing of our Queen. Since the announcement of the death of Her Majesty Queen Elizabeth



II on 8th September 2022 our community has been thrown into shock and grief. As a direct response to requests from our community, on Tuesday 13th September the Resurgam Trust opened up our community garden to the public. I was delighted to be joined at the opening by the Mayor of Lisburn and Castlereagh City Council, Councillor Scott Carson and other political representatives. It was also great to see a large turnout from the community turning up to lay flowers and pay their respects.

On Wednesday the 27th April 2022 the Resurgam Trust held another very successful and well attended Annual General Meeting at the Laganview Enterprise Centre. During the meeting we elected two new members to the Board, and I am delighted that Mr Martin Busch and Mr Billy Moore have settled in extremely well. Both Martin and Billy have many years of experience working within the community and have much to contribute to the running of the Resurgam Community Development Trust. In addition to our two new Board members, I am also happy to welcome the Knockmore Community Association as a new member group of the Resurgam Trust.

The Resurgam Trust have remained extremely busy with huge pressure being placed on all services provided, due mainly to the "Cost of Living Crisis" and the challenges currently being faced by members of our community. To help address some of these pressures we have opened our new Community Fridge at the Laganview Enterprise Centre. The Community Fridge, run entirely by volunteers aims to help address food wastage by collecting food that is about to go out of date from several local supermarkets and then distribute this food to people living within our community. This has proven to be very popular during this extremely difficult time.

Our advice service which is run by the Welcome Project at their premises in Bridge Street Lisburn is inundated by requests for advice and support from people who can no longer afford to pay their bills. In some cases, they genuinely cannot heat their homes or feed their children and are worried about the future as we are quickly approaching winter.

The Resurgam Healthy Living Centre is struggling to

cope due to the volume of referrals and requests for help from all sections of our community. This is exacerbated due to the fact that our National Health Service is on the verge of collapse with huge waiting lists and queue of ambulances sitting outside every hospital. It is extremely difficult to get an appointment with your GP with reports of some people having to call their GP surgery over 100 times to get speaking with the receptionist. Our elderly people can no longer get an appointment and in some cases are being neglected and let down by our National Health Service. Just last month our Health Minister, Robin Swann warned that the Northern Ireland Health Department is facing a £400m overspend this year.

The rise in the cost of fuel, heating oil, gas and electricity has put huge pressures on all our Social Enterprises which in some cases have seen a rise of 80% in energy costs. This has created huge pressure on a struggling economy and could not have happened at a worse time as most businesses are still struggling to recover from the Covid pandemic. This economic crisis has quickly eaten into our reserves and will take robust financial management and an innovative marketing strategy to ensure that our network of Social Enterprise's continue to thrive.

I normally try to keep my comments positive and there are many good services and activities happening with support from the Resurgam Trust, (all you have to do is keep reading this news sheet), but our community is in crisis and it's shameful that we currently have no local Government. Our communities are crying out for leadership, guidance, and support; and are fed up listening to elected members from all political parties telling us why some of the big issues cannot be addressed. We need a fully functional local Government that is accountable to all and we need a National Health Service that is fit for purpose. We want a thriving economy; we want stable and safe communities in which we all can live; and we deserve much better than we are currently getting.

The Resurgam Trust has over 1000 individual members and represents 37 groups, and every day we listen to our members who give personal accounts of the hardship and the challenges they currently face. Understandably as hardships set in there is growing apathy and resentment towards our political leaders, but we believe they can do much more. As leaders within our community, it is no longer acceptable for us to simply say nothing. We need to speak up on behalf our community and encourage our political representatives at all levels to step up to the mark and take action to help alleviate some of the many challenges we face. Our commitment to the community is that our work will continue and we will do everything within our power to support the most vulnerable at this extremely difficult time.

GARDEN OF REFLECTION

On Tuesday 13th September 2022 the Resurgam Trust opened the Community Garden in the Old Warren Estate to members of the community to give them a focal point for their grief and the opportunity to leave flowers and tributes



in memory of our Queen. The Chairman of the Resurgam Trust started proceedings by reading the following statement.

It is with great sadness that we are all stood here tonight. Each one of us united in grief and determined to mourn the passing of a truly great Monarch.

Born on 21 April 1926 she was Queen of the United Kingdom and other Commonwealth realms from 6 February 1952 until her death. She was queen regnant of 32 sovereign states during her lifetime and 15 at the time of her death and her reign of over 70 years is the longest of any British monarch. Her Majesty, Queen Elizabeth II was truly an inspirational lady, and her reign was one with many challenges which she continually overcame. Serving with the Auxiliaries during Second World War whilst still a Princess she set the path for many females by showing leadership and determination at a time when she easily could have been evacuated to a safer country.

She ascended to the throne in 1952 after the death of her father King George V and spent the rest of her life serving the people of the United Kingdom and beyond with great dedication and pride.

During her reign there were many turbulent times

which challenged her, and she was Monarch over a period of years when the Decolonisation of Africa and the Caribbean took place with more than 20 countries gaining



independence. She lost close relatives in the conflict here yet never once refused an opportunity for true reconciliation.

Her Majesty hosted a Garden Party at Islandbridge in Dublin back in 2011 where a large group from all walks of political life here on these shores met and honoured her. The Royal address which opened with lines of Irish served as a genuine act of friendship and following this in June 2012 at an occasion in Belfast she shook the hand of Former IRA Leader Martin McGuinness.

There were no issues, no atmosphere or no bitterness on display just the simple act of a handshake and expression of mutual respect. Her Majesty rose above and beyond throughout her reign.

In November 1992 during a speech to commemorate her Ruby Jubilee she referred to her *annus horribilis* yet now thirty years later perhaps its more fitting for us all to describe this as how we feel. The overwhelming sense of loss and grief that has been displayed all over the United Kingdom is hard to comprehend. How many generations have grown up knowing only one Queen, knowing the Royal Family and feeling a part of them. It is down to Her Majesty that we all feel like this. She was born to serve, and she did so remarkably.

So many tears have been shed since it was announced that she had passed away so its only fitting that every one has the chance to express their sorrow. Here in Old Warren, we have a community garden which was intended for reflection so what better place to mark the passing of our beloved Queen than here. Please encourage your family members to come here and use it as a venue to express your love, your pride or even your grief at such a sad loss.

In the loving words of her eldest son, our new Sovereign, King Charles III 'May flights of angels sing thee to thy rest'.

Our Gracious Queen is Dead, Long Live the King.

CASE STUDY - COMMUNITY ACADEMY NI

The Resurgam Community Development Trust Ltd was formed in 2011 following a 20-year journey of working in the community of Lisburn. Our vision is, 'To create social, cultural, financial and physical sustainability for the Resurgam Trust and the communities we thrive to serve'. Our mission is, 'To connect individuals and groups and to transform communities to create a sustainable environment within which all are proud to live, learn, play, and work'. The Resurgam Trust is a community anchor organization which has established eight successful community based Social Enterprises creating sustainable employment for 130 people, a youth initiative delivering structured youth provision across Lisburn 7 days each week to around 700 young people, our Healthy Living Centre is providing community based health interventions with a focus on addressing health inequalities and social prescribing, and Early Intervention Lisburn, a locality planning group, which delivers numerous support programmes within the education and early years sector with a focus on Speech and Language and Youth Mental Health.

Much of the success of the Resurgam Trust can be traced back to learning that we received from other communities (Knowledge Transfer). Should it be our visit to the University of Edinburgh during which we learnt about the success of a local Credit Union and how they used their resources and connection to the community to address the serious issue of drug abuse and related crime. Or a good practice study visit to the Cregan Enterprises to learn about the success of the Rath Mor Centre, Londonderry/Derry and how it brings benefit to that community or the benefits of Social Enterprise and Community Led Housing following trips to Germany and Scotland. We learnt from others!

The Community Academy for Northern Ireland, a Knowledge Transfer Programme, was established in 2017 in partnership with the Department for Communities and the Fermanagh Trust. It is a Community Led Knowledge Transfer model with a combined 50+ years of experience and learning in Lisburn and Fermanagh from both failure and

success. It provides local and practical support to communities across Northern Ireland to ensure they are successful, sustainable and aiming to become less reliant on Government funding. During this process the Community Academy is building caring relationships across all sectors of our community and instilling community based values with a focus on Good Relations. We do this in numerous ways including Best Practice Study Visits, 1-1 Mentoring, Group Work Facilitation, Community Education and Community Led Research. The Community Academy has built up a pool of professional support who can deliver to the highest standards, which includes; mentoring and support to Board members, development of strategies for the future of organisations, advise on alternative income options, help secure support for future development and work towards creating sustainability for the future of like-minded organisations.

Impact: The value of Knowledge Transfer cannot be under stated as it has played a huge role in the development of the Resurgam Community Development Trust. The Resurgam Trust is a successful Community Development Trust that has adopted an holistic approach to community development and regeneration. This model will not fit with all communities but we feel the Knowledge sharing through the Community Academy NI can support and assist other communities throughout Northern Ireland, Ireland and Mainland UK. In 2019 the Community Academy NI was awarded a contract through TEO Urban Village Programme to support communities within the five Urban Villages. To date we have supported 16 organisations. This has included the facilitation of good practice study visits to both the Fermanagh Trust and the Resurgam Trust. We have supported the development of new charitable companies, developed strategic plans, built the capacity of Boards and Management Committees, recruited new Board members, delivered training on Facility Management and promoted the benefit of collaboration, partnerships and community engagement.

'THE IMPORTANCE OF A MALE ROLE MODEL IN A CHILD'S LIFE'



The Resurgam Youth Initiative young men's group lead the way in the design of this street art in Lisburn City Centre. Situated in the alleyway between Graham Gardens multi storey carpark and Bow Street, this piece of art has given a bit of colour and thoughtfulness to what was a neglected part of the city centre. The artwork was based on the views and opinions of the young men on the importance of a male role model in a child's life. The young men talked about the importance of

relationships and having a male present in their lives that they can go to for advice and support. They felt it was important for their future mental health. The street artist Eoin McGinn spent some time with the group and gave them an opportunity to try spray painting. The development of the project was supported by Early Intervention Lisburn, ABC PiP Barnardos NI, Resurgam Youth Initiative, Police and Community Safety Partnership, and Help Kids Talk.



THE HIGHWAY INN BAR & KITCHEN
SERVING FOOD DAILY 10.00AM - 3.00PM
8 HILLHALL ROAD LISBURN, BT27 5BU

LISBURN SAFE PROJECT AND THE RESURGAM OUTREACH DETACHED TEAM

The collaboration between the Lisburn SAFE Project and the Resurgam Outreach Detached team is an intrinsic need for the stability of the communities in which we live. There has been a steep increase in youths who are marginalised from centre based youth provision and are engaging in risk taking behaviour including drug and alcohol abuse within the city on a weekly basis. The outreach team deliver youth engagement on Friday and Saturday evenings throughout the Lisburn and Castlereagh constituency. The team is adaptable with their timings to ensure flexibility and the ability to respond to the ever-changing landscape of the teenage world. If you are interested in becoming a volunteer with the outreach team or would like to know more about a the role of a youth worker in general, don't hesitate to contact Resurgam on 02892 670 755



PERFECTLY PRIDEFUL

The Resurgam Trust, Resurgam Youth Initiative, and the Connected Minds Youth Committee were delighted to support the Perfectly Prideful newly established Lisburn LGBTQAI+ and Allies group in the Belfast Pride Parade on Saturday 30th of July. Huge thank you to the National Lottery Community Fund NI, and LCCC Arts Centre for making this a reality.



CONNECTED MINDS LISBURN
Presents

Lisburns GOT TALENT 2022

BIGGER and BETTER
1st place prize:
£250 Amazon voucher

FRIDAY, DECEMBER 16
6PM - 10PM

Lagan Valley Island Centre
The Island, Lisburn BT27 4RL

Ages 8-24 years

Applications close October 7th

Coaching and mentoring support
available for all acts if required

**FOR AN APPLICATION TO ENTER
PLEASE EMAIL US AT:**

Carris.Holdsworth@resurgamtrust.co.uk



**DATE FOR
YOUR DIARY**

**MACMILLAN
CANCER COFFEE
MORNING**

FRIDAY 7TH OCTOBER 2022

10.00AM-12.00PM

**LAGANVIEW
COMMUNITY HALL**

RESURGAM YOUTH INITIATIVE SUMMER SCHEME

This year The Resurgam Youth Initiative welcomed back its summer scheme program, the 1st restriction-free summer scheme since the Covid-19 pandemic began. The summer scheme spanned over 4 areas of Lisburn – Old Warren, Maze, Hillhall, Hilden and Ballymacash - all hosting a diverse range of fun and engaging trips and activities for ages ranging from 5 – 18 years.

Old Warren and the Maze had 132 young people take part this year. Juniors taking part in sports and challenge day, a trip to Ark farm, and a centre-based fun day featuring bouncy castles, karaoke, BBQ, and craft projects, with their seniors taking a trip to Craigavon Golf and Ski Centre where they got to have a go at Snowtubing and Footgolf, a trip to Colin Glen where they experienced the Black Bull run and zip lining, and a centre based fun day!



Ballymacash had a summer festival week with 45 registered young people, all taking part in a wide range of activities - creative architecture & craft, Freddy fitness, bowling, Belfast Activity Centre (archery, orienteering, caving and team building games), colour run and bbq celebration event. Prison Island and a gaming station ensured an amazing response from all young people!

Hillhall and Hilden had an exciting 2 weeks, with 56 young people in attendance and taking part in centre-based fun days, and some amazing trips! Their juniors took a trip to Dublin Zoo, had a sports day at Barbour Playing Fields and a fun day at Barbour Play Park. Seniors went Nerf Gunning, took a trip to the cinema to watch Thor and to Barbour Playing Fields where they took part in outdoor activities and football.



Senior Manager of Resurgam Youth Initiative, Francie Ferris spoke on the summer scheme's success and the great response from their young people "It was brilliant having full summer scheme activities back on after the restrictions these past few years, the trips and fun days over all areas were designed to give our young people new experiences, opportunities and a great social space. The feedback has been brilliant from both parents and young people and we appreciate all those who took part."

Parents reached out to give us feedback: "It was great knowing my child was out

enjoying their summer, making new friends and experiencing new things, they had a wonderful week thank you so much." - Lindsay (parent)
"My child struggles socially, it was brilliant getting them out with a group of kids and watching them enjoy it and make friends as well as experience new things." – Sharon (parent)
"My child had never attended a summer scheme before and didn't know any of the children there, a member of staff helped massively introducing her to a group of girls who have now become her friends outside – thank you to all of the staff." – Lisa (parent)



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RESURGAM TRUST TEAMBUILDER

On Thursday 1st September members of the Resurgam Trust Board and staff took part in their Annual Teambuilder. This year we met for Breakfast at the Highway Inn Bar & Kitchen during which the draw took place to form the five teams who participated in the 'Resurgam Trust Master Chef Challenge'. The rules were simple; the teams had to decide on their name, agree on a three course menu, pick ingredients from a selection of meat, fish, fresh fruit and vegetables supplied by the Highway Inn and then cook it on a camping stove within two hours. This proved to be an excellent teambuilder with lots of banter and surprisingly, five sets of very professionally presented three course meals. Throughout the event the teams were supported by the manager of the Highway Inn Bar & Kitchen, Emma Robb, who then enlisted support from her assistant manager Chelsea Brown to judge the

event. They quickly come to the conclusion that everyone had done extremely well but there had to be a winner.

Well done to, "Oh Crepe!" who won with a Spanish theme of a tapas starter, paella main and a lovely fresh fruit and cream desert all washed down with a glass of Sangria. Later that evening we met again at the Highway Inn for a steak dinner and some light refreshments.

We would like to take this opportunity to thank our Social Enterprise, the Highway Inn Bar and Kitchen for their support to stage such a wonderful event. Thank You!



Winning Team - "Oh Crepe"

ULSTER SCOTS COMMUNITY EVENTS

During July and August Resurgam member groups completed a number of activities funded by Ulster Scots Agency ranging from culture nights to field trips. Lisburn PSP hosted a series of educational talks on Ulster Scots identity and tradition, culminating in a Cultural Evening in the Highway Inn which saw a musical concert with instruments ranging from fife to drum. Hillhall Regeneration Group hosted an Ulster Scots festival with music and food, celebrating traditional Ulster Scots recipes with the chance for those attending to try their hand at cooking some of the produce that would have been used. Hilden Community Association hosted an Ulster Scots games day with sports including Tug 'O' War and a football match between the local community including representatives from Lisburn Fusiliers Marching Band and Loyal Order 1981 who battled it out with the younger Fusiliers coming out on top! Old Warren Community Association completed an intergenerational programme with an evening in 3D Youth Centre followed by field trips for young people and older people involved

in the Men's Shed. The Men's Shed outing to Monreagh Heritage Centre which was a fantastic experience where the lads gained an insight to those early 'Planters' from Scotland to the North West, including many namesakes. This field trip was excellent with the lads staying over in Benone where they had a BBQ in the sunshine. The final community activity was the opening of 'The People's Museum' which is a community led display of history connected to the Long Kesh and Maze area. Amongst other things the museum depicts the rich identity which has been formed since the early Settlers and those airmen who arrived as part of the World Wars. Alongside the current history of the 'troubles' this museum is something special for the people of Halftown.



LOWER MAZE PEOPLES MUSEUM

On Saturday 20th of August 2022 Halftown Residents Association were delighted to welcome the Mayor of Lisburn and Castlereagh City Council, Councillor Scott Carson to open the Lower Maze Peoples Museum. The new museum which is based in the Lower Maze

Hall has on display an array of artefacts and memorabilia which includes the proud military history of RAF Long Kesh, local Orange Lodge LOL 111, Newport Primary School and HMP Maze/Long Kesh.

To mark the opening of this new facility



members of the local community were invited to the Lower Maze Hall for breakfast and were entertained by the Sarah Graham School of Highland Dance and LOL 111 Lambeg Drummers.



EARLY INTERVENTION LISBURN 10TH ANNIVERSARY

On Thursday 8th September 2022 the Resurgam Trust held an event in the Laganview Enterprise Centre to celebrate Early Intervention Lisburn's (EIL) 10th anniversary. EIL is a partnership of community, voluntary, statutory and private partners who work together to improve outcomes for children, young people and their families. It is led by the Resurgam Trust who during the last ten years have successfully secured funding for the partnership of just over £2.3 million. Most of this funding has been shared with the schools (nursery, primary, and post primary), early years settings, churches and youth services to provide the right support, at the right time for those most in need. Several service providers and service users spoke at this event on their experience of the EIL projects, Help Kids Talk and Connected Minds – a mental health and wellbeing project. Trust Director Adrian Bird said, "Our locality planning group, 'Early Intervention Lisburn,' has been a catalyst for change throughout the communities of Lisburn, it has connected people and provided support and resources to those



most in need. I believe that the success of EIL can be attributed to the collaborated approach taken within local communities and the fact that the Resurgam Trust acted as the conduit for much needed resources to be passed into the communities of Lisburn."

LAGANVIEW FAMILY TIME ROOM

Did you know that LaganView Enterprise Centre has now a dedicated family room for hire? Thanks to Lisburn & Castlereagh City Council Community Facility Fund, LaganView was able to kit out this room with a range of play resources to also include sensory toys for those children with additional needs.

This relatively new room, based in one of our units outside, would be ideal for supervised family visits, play/art therapy sessions or simply to spend some dedicated time with your little ones.

For more information on availability, prices and booking please contact Joanne on 028 9267 0055 or email joanne.casey@laganviewenterprise.com

If you would like to view a virtual tour of this room please copy and paste this link into your web browser; <https://www.laganviewenterprise.com/facilities/rooms-for-hire/>



CONNECTED MINDS YOUTH COMMITTEE CELEBRATES MEN'S HEALTH WEEK

To mark Men's Health Week, (13 – 19 June) the Connected Minds Youth Committee held a very successful event, 'Minds & Baps' at the Highway Inn to raise awareness on men and boys' mental health, and the everyday pressures young men in Lisburn face.

Matthew McCord, Events Co-ordinator for Connected Minds came up with the idea for the Minds and Baps event aimed at males over the age of 21. The event was well attended with over 30 participants. The Connected Minds Committee provided the BBQ, the Men's Shed had on display an active Beehive and Resurgam Youth Initiative held a Workshop on carpentry. The event was supported by 103 Things, a Lisburn based Social Enterprise that has produced a positivity and mental health journal designed by the young leaders themselves. For some in attendance, this was the first event they had attended since the Covid pandemic, with one young man stating that it was the first time they had left their house in over a year. If you are interested in joining the Connected Minds Youth Committee contact: carris.holdsworth@resurgamtrust.co.uk



LAGANVIEW ANNUAL GENERAL MEETING

LaganView Enterprise Centre held their first successful face to face AGM since the Covid pandemic on Tuesday 5th July 2022. It was great to see the event so well attended with over 25 in attendance including the Deputy Lord Mayor, Michelle Guy, Alderman Paul Porter, Emma Little- Pengelly MLA, and Councillors Alan Givan and Andrew Ewing.

This was a great opportunity to celebrate

LaganView's achievements in the year end March 2021. Special thanks must go the Board of Directors, staff and volunteers of LaganView for their support, commitment and dedication through what has been a difficult few years.

